

May 2020

# The Fourum

Published electronically and conventionally ten times a year



We are unable to produce the printed FOURUM but here is the e-mail edition. We have invited contributions from our local churches at this sad, increasingly difficult and anxious time. If you are able, please print and give this to neighbours and friends who normally get the paper version.



Photograph by  
Susan Hughes

## **A message from The High Sheriff of Northumberland, Tom Fairfax.**

Its a great honour to be appointed High Sheriff of Northumberland - particularly at this moment.

My aim, over the coming year, is to add value where I can. I am particularly focused on helping those volunteers who step forward to serve and help others, particularly in the challenging times we are experiencing.

Duty of Service is, perhaps, an old fashioned concept, but it lies at the heart of so much of the incredible work that is going on at present to combat Covid-19.

Whilst we are experiencing challenging times, we are lucky to be part of a stunningly resourceful community, and with determination, common sense coupled with a touch of imagination and lots of hard work, there is little we cannot achieve.

I am aware that we haven't seen the worst of this bug - and that we are going to have to keep our nerves as conditions become increasingly challenging. If everyone pulls together, we can and will get through this.

These extraordinary circumstances mean that my year in office is likely to be very different to a High Sheriff's normal year. Having just taken post I am working with a range of people to find ways to support the "doers" in the community safely, without getting in the way of critical operations.

I have already been humbled by the stunning and imaginative initiatives that are springing up to address the current lockdown. People getting on with life- not, perhaps, as usual - but stepping forward and getting on with things anyway.

Finally - spare a thought for those on the front line of this battle, many of whom are fighting the virus under high intensity conditions. Lets keep them in mind as we manage our own challenges - and ensure we don't inadvertently contribute to theirs.

Tom Fairfax High Sheriff of Northumberland 2020-2021

Please visit my Facebook page 'high sheriff of Northumberland' also that of my Chaplain 'Alan Hughes'

## **Advice for managing your mental wellbeing during COVID 19**

It is normal to feel more worried and anxious than usual as we are living with higher levels of uncertainty and a changing situation which is hard to control. Managing your mental health and psychosocial wellbeing is as important as managing your physical health at this time.

Here are some tips on looking after your mental wellbeing:

- Try to minimise reading or listening to news that causes you to feel anxious or depressed. Seek out information, from a reliable source, at specific times of day on how to take practical steps to prepare your plans and protect yourself and your loved ones.
- Make time for ‘micro lifts’ in your day if possible – this could involve learning a new exercise or joining an on-line book club for example. Having small activities to look forward to can help to give our mood a little lift and give a sense of achievement. This is especially important at a time where we cannot plan for bigger events to look forward to things such as holidays and gathering with friends.
- Beware of ‘dramatic language’ and sensationalising in newspapers and on TV.
- Stay connected with loved ones – ensure this is done in a safe way and include digital methods like Skype if needs be.
- If you find yourself feeling anxious or overwhelmed, regulate or slow your breathing. Take a ‘mindful breath’ to help anchor you and bring yourself back into the present moment.

### **Self-isolation**

At some time, any one of us may have to go into self-isolation and this can require us to adapt to another set of circumstances. Self-isolation can bring its own challenges in terms of how we adapt to it.

Here are some tips on coping and maintaining good psychological wellbeing during self-isolation:

- Feeling of loneliness, anxiety, low mood and guilt can be common reactions to the situation. Acknowledge how you are feeling and talk to someone you trust.
- Try to be kind to yourself at this time and do things that you know help you to feel good.
- Minimise watching reading or listening to news that causes you anxiety and distress.
- Stay connected: maintain your social network during self-isolation – do this in a safe way, by phone, Skype, Facebook, WhatsApp if need be.
- Vary your activities - don’t just sit in front of a computer or tablet screen. Prolonged exposure to blue light from these devices can be disruptive to health and wellbeing.
- Keep a healthy diet as it can be tempting to sit and snack on unhealthy foods.
- Do some exercise: increase physical activity you can do inside your home, such as going up and down the stairs or following online activities such as yoga /dance.
- Engage with nature; get as much exposure to the outside world as possible even if only in your own garden.
- If appropriate increase communication digitally or by phone with friends or neighbours who might also be at home in isolation.

If you find yourself feeling overwhelmed there are also some online resources which may be of further help:

### **Resources for managing wellbeing during COVID 19:**

Anxiety UK has some good resources on managing anxiety and a list of self-isolation activities you can do at home -

<https://www.anxietyuk.org.uk/blog/covid-19-and-anxiety-part2/>

‘Get self-help’ - a useful website with a range of resources for managing different aspects of mental health -

<https://www.getselfhelp.co.uk/>

Information to parents and carers on how to open a conversation with their child about coronavirus and put their mind at ease -

<https://www.unicef.org/coronavirus/how-talk-your-child-about-coronavirus-covid-19>

### **Advice from WHO regarding Mental Health Considerations during COVID-19 Outbreak -**

[https://www.who.int/docs/default-source/coronaviruse/mental-health-considerations.pdf?sfvrsn=6d3578af\\_2](https://www.who.int/docs/default-source/coronaviruse/mental-health-considerations.pdf?sfvrsn=6d3578af_2)

Advice on Looking after your mental health during the Coronavirus outbreak by the Mental Health Foundation -

<https://www.mentalhealth.org.uk/publications/looking-after-your-mental-health-during-coronavirus-outbreak>

MIND has a lot of useful resources on looking after your mental health during this outbreak -

<https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/>

Useful contact numbers:

Samaritans 116123

CALM 0800 585858

Northumberland Talking Therapies - 0300 303 0700

Mind National- 0800 132 737

Crookham COVID-19 Action Team 07826 907074

Judith Stonebridge, Consultant in Public Health.

# Crookham Village Hall

Registered Charity 230223

## Chairman's Statement 13 April 2020

Because of the impact of Covid-19, we have had to rearrange our business, so it seems more appropriate to issue an interim statement rather than attempt a full-year chairman's report.

**The AGM** due to be held in April was necessarily postponed. It will now be held not earlier than September. The committee felt that, even if the lockdown is lifted in the summer, we would prefer to be catching up with friends and family, and perhaps taking a holiday, rather than dealing with Hall business.

The Treasurer's report and a summary of accounts that would have been presented at the April AGM follow.

**The Management Committee.** The existing management committee, together with Colin Speight as Treasurer and Heather Pentland as minutes secretary, has agreed to continue in place until the rearranged AGM. The committee has devised an email procedure for discussing its business.

**Small Hall.** Thank you all for your generous donations. At the time of writing, we have nearly reached our funding target, with three more grant applications to be decided. Planning permission and building regulations approval have been obtained, and we await some final clarification from the Estate. So we can be reasonably confident the rebuild will happen! It is impossible to predict the timing as construction work has stopped for the time being.

**90 Club.** The current session ends on 2<sup>nd</sup> May. The next session will start in October, all being well. April winners were 1<sup>st</sup>: Jude Newton; 2<sup>nd</sup>: Val Ainslie. Prizes will be passed on as soon as practicable.

**Library.** Annette has kindly agreed to make the Hall's library available on the usual terms. Please arrange entry with Annette on 01890 820607, awoolfson@btinternet.com, who will ensure that social distancing rules are obeyed.

**Our Charity Status.** Some concern has been expressed about the possible impact of the postponement of the AGM on our status as a registered charity.

**The Charity Commission has issued reassuring advice on this. It understands that the lockdown means that small charities will sometimes be unable to follow the letter of the rules in their governing documents.**

**Provided we make our annual return and keep a paper trail of committee decisions (both in hand), the Charity Commission will be content.**

**Mike Keating**



## **Crookham Village Hall**

### **Annual General Meeting**

**16th April 2020**

#### **Treasurers Report**

To ensure probity the annual accounts for the period 1st October 2018 to 30th September 2019 were submitted to a qualified Chartered Accountant for scrutiny

After a clarification and rigorous examination process they were independently verified and signed off as a true record of financial activity.

The audited accounts show Income of £10,572 and expenditure of £11,477, indicating a small loss of £725.

This short report intends to demonstrate that, once again, CVH has enjoyed a successful year in terms of revenue and grant attainment. To ensure that CVH operates within legal boundaries there was continued expenditure of £650 to fund various entertainment licences. There were costs of £1820 incurred on repairs and maintenance to the hall.

Compulsory Insurances amounted to £795, in addition audio visual technology purchased during the year at a cost of £850 ensured that the hall could offer further facilities for the benefit of users and guests. The kitchen also benefited from additional expenditure of £963 for upgraded equipment.

The purchase of new more efficient heaters should ensure a reduction in power costs and all expenditure is, as usual scrutinised by committee. Once again thanks must go to Mike Keating for his work on making and securing grants so that the hall can continue to offer a friendly and attractive venue for the local community.

The auditor raised a slight concern over reducing available cash assets compared to previous years. While there is an expectation of grant income and fund raising to satisfy expenditure on the small hall project CVH are advised that any further lowering of asset levels to cover running costs may attract the attention of the Charity Commission.

However, despite CVH incurring a small loss and the advice offered over asset retention I am advised by our accountant that the hall fiscal affairs are capably managed by the committee and I commend the audited accounts for 2018/2019 to the AGM for approval.

Colin Speight  
Treasurer

## **Crookham Village Hall is 'nearly there'!**

In these rather difficult times, it is nice to have a bit of good news.

*Reprinted extract from the Community Action Northumberland (CAN) news report of 17<sup>th</sup> April*

Crookham Village Hall, located in the very north of our county, was one of the first halls to receive funding from the village hall partnership between CAN and The National Lottery Community Fund (TNLCF) They have £136,800 to find – much more than they originally anticipated – and TNLCF was the first funder to commit to their project – kick-starting their fundraising.

Other funders have now supported the project with valuable and generous contributions. These are the Defra Village Hall Improvement Grant Fund, the Bernard Sunley Charitable Foundation and Sir James Knott. The community has also pitched in, with a 'Buy-a-Brick' scheme, some generous private donations and a contribution from Hall reserves. The trustees have now nearly reached their target, and with some funding decisions to come, it is likely the shortfall will be met before too long.

The village hall was built in 1912 and a smaller hall added in 1932. Over the last few years, the small hall has suffered significant subsidence resulting in major damp problems and for many years has been unusable. The project is to bring this room back into use, for smaller meetings and other functions, as much needed storage space and to enable the hosting of two separate activities at the same time. This will not only satisfy demand for use of the hall but will significantly increase income, thus aiding the long-term sustainability of the village hall.

This exciting and much-anticipated project will involve a full re-build of the room, bringing the floor access to the same level as the rest of the building and there will be disabled access throughout the building.

Originally, it was thought that the walls would just need underpinning, but over time, the continued deterioration of the room meant that a more complex – and costly – re-build was required.

And so, the hard slog began.... now, with the lottery contribution starting the ball rolling, it is great news that the funds are now almost raised.

Mike Keating (Chairman) said "Making something of the small hall has been an ambition of the various manifestations of the management committee ever since our new lease was granted in November 2009. Two previous applications to the Big Lottery Fund were turned down and I had begun to think we were just not a big enough outfit to attract funding on the scale we needed. But now it is very pleasing to see that the special circumstances of village halls in smaller communities are being recognised."

It is encouraging to see that the trustees have not taken their foot off the gas and their dedication and tenacity is paying off! Well done to all the trustees, but in particular the Chairman, Mike Keating. We look forward to seeing the results in the near future!

**A MESSAGE TO OUR REGULAR ADVERTISERS DURING THE VIRUS EMERGENCY.**

**WHILE WE ARE NOT ABLE TO PRINT THE 400 + PAPER COPIES OF THE FOURUM, WE HOPE TO STILL PUT OUT THE E-MAIL VERSION TO OUR CURRENT 200 + MAILING LIST STARTING WITH THE MAY EDITION.**

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**JOHN PENTLAND. HON TREASURER, THE FOURUM.**



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- Homemade Slaw £4.00
- Tuna Mayonnaise £4.00
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- TRIG POINT** 4.5% - Session IPA
- Etale** 4.0% - Dark Bitter

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- Veggie Sausage & Mash with Veggie Gravy £6.95
- Gammon Steak & Egg served with Chips & Salad £9.95
- Scampi & Chips with Salad £6.50
- Lamb Stew with Veg & Dumplings £6.95
- Lasagne (Veggie or Beef) with Garlic Bread & Salad £7.50
- Chicken Balli or Veggie Ball Curry with Rice & Naan Bread £7.50

**Children's Menu** All £4.00

- Lasagne with Garlic Bread
- Sausage & Mash/Chips with Peas or Beans
- Chicken Goujons & Chips with Peas or Beans
- Vegan Sausage & Mash/Chips with Peas or Beans

**CHILDRENS MEAL DEAL** £6.00  
Any Main from Children's Menu + Chocolate Brownie or Ice Cream + Fruit Shoot  
Available when bought with an adult meal

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- Local Daddingtons Ice Cream £2.00

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The food symbols stated are for guidance only, if you have any food preferences or intolerances please inform a member of staff when placing your order.

**The Black Bull**  
Etale

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**SUNDAY DINNER**

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Served with Mash & Roast Potatoes, Pork and Apricot Stuffing (Not with Nut Roast), Yorkshire Pudding, Roast Parsnips, Seasonal Veg & Gravy

- for 1 person = £9.95
- for 2 = £15.95
- for 3 = £20.95
- for 4 = £25.00

**Desserts**

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- Warm Chocolate Brownie £4.00
- Local Daddingtons Ice Cream £2.00

**TAKE OUT Bottles of Cheviot Brewery Ale**  
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Ask for available varieties

**CHEVIOT**

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- UPLAND ALE** 3.8% - Best Bitter
- BLACK HAG** 4.4% - Oatmeal Stout
- TRIG POINT** 4.5% - Session IPA
- Etale** 4.0% - Dark Bitter

The food symbols stated are for guidance only, if you have any food preferences or intolerances please inform a member of staff when placing your order.

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**Stay Safe, Stay Local**



**Covid-19 Opening Hours.**  
 We will, unfortunately, be on reduced opening hours until further notice.

Shop & Post Office will be every day.  
 Mon-Sat 8.00am to 12.30pm  
 Sun 9am to 12.30pm

The Tearoom will be closed.

Starting Monday 23rd March we will be running a daily delivery around Ford, Etal, Heatherslaw & Crookham.

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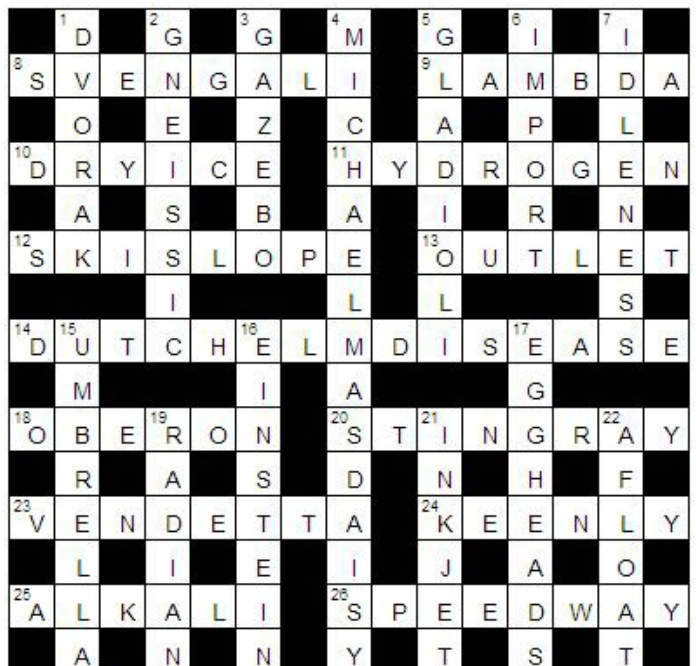
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Answers to the crossword in the April edition.



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**Your very Good Friend ...**

A milkman is now making door to door deliveries of fresh milk in the local villages including Branxton, Ford, Etal and Crookham on Mondays and Thursdays before 6 am.

Based in Coldstream, he can do returnable 1 pint glass bottles as well as plastic 1/2ltr, 1ltr, 2ltr, and 3ltr.

**All enquiries to Daren Bruce on 01890 882950.**

## Holy Week 2020. "Together for Hope"

**Revd. Mary Taylor from Crookham United Reformed Church writes,**

Many thanks for the opportunity to send a message over the miles to readers of The FOURUM during these challenging and devastating times. As I write, we are in the strangest Holy Week and time of Easter reflection any of us have ever known.

Communication with family, and friends, and neighbours is vital. I hope you and your family are in good health.

### Psalm 121

I lift up my eyes to the hills—  
from where will my help come?  
My help comes from the LORD,  
who made heaven and earth.  
He will not let your foot be moved;  
he who keeps you will not slumber.  
He who keeps Israel  
will neither slumber nor sleep.  
The LORD is your keeper;  
the LORD is your shade at your right hand.  
The sun shall not strike you by day,  
nor the moon by night.  
The LORD will keep you from all evil;  
he will keep your life.  
The LORD will keep  
your going out and your coming in  
from this time on and for evermore.

(New Revised Standard Version Bible: Anglicised Edition, copyright © 1989, 1995 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.)

This week Northern Cross pilgrims usually wend their way, in all weathers, through the Scottish Borders to Holy Island. They carry a symbolic wooden cross, which two of them carry at a time and learn to walk in step, sharing and carrying each other's burdens.

Coronavirus is now part of 5 year olds vocabulary and a 90 year old tells me she keeps in touch with her family in Spain through "Zoom".

### ***Together for Hope – Linked to Coventry Cathedral.***

*For love which heals wounds, we will stand.*

*For compassion, which seeks the best for all, we will stand.*

*Together for Hope, we will stand.*

Pompom stories and photos come to me from Crookham. Pompoms are round and help us reflect upon the world God has entrusted to us. Even from our homes in "splendid isolation" we can shape creative gifts of love. There will be pompoms instead of Easter eggs in the Peace Garden this year.

We will all be changed by this enforced stay at home. Some changes may be positive, appreciating nature and different hobbies more and hopefully we will continue to thank kind and valued neighbours. Just now, I invite you not only to clap at 8pm on Thursdays but to pause during this spring and summer and remember families and friends, people in isolation, the Government, the scientists, those in the front line, especially the National Health Service and in social and community care.

Thinking globally, acting locally as we remember at this time that people of all faiths and none are all part of the human family.

### **Irish Blessing.**

May the roads rise up to meet you.  
May the wind be always at your back,  
May the sun shine warm upon your face,  
The rains fall soft upon your fields,  
And until we meet again,  
May God hold you ever in the palm of his hand.

## **A message from Revd. Jude Newton, St Ninian's Catholic Church, Wooler.**

"It was the best of times, it was the worst of times"

These opening words of Charles Dickens novel "A Tale of Two Cities" seem to encapsulate our present condition due to the Virus.

These present times certainly highlight not only the most noble aspect of humanity but also the darker side of our humanness; our self-centred-ness; buying much more than we need so that shelves are empty; being abusive towards supermarket staff, not taking the Government's instructions seriously and maybe putting other peoples' health at risk. On the other hand there are so many examples of "the best of times"; the many thousands of volunteers who are offering to help their neighbours, known and unknown, local shops that are delivering goods, the NHS staff and all other Care workers who are continuing working despite the often adverse conditions.

These are without doubt Divine and God-Like qualities. If you don't believe me, just read the Gospels.....for this is exactly what Jesus did.

Not only that, but He gives us hope; hope that the pandemic will end, and hope of Eternal Happiness after we have passed through the foyer of death.

## **A message from Revd. John Carr. The Parish Churches of Branxton, Carham & Cornhill**

The gospel account of the Easter story tells how the disciples were in lockdown, for fear of what might happen after Jesus' crucifixion. They weren't practicing social-distancing but gathered together for strength and encouragement, and while we can't meet physically at this time we can and should use technology to keep in touch with friends and family, and show care for one another.

But while the disciples gathered in fear they also encountered the risen Jesus with them, saying "Peace be with you", a message that they sorely needed to hear. It's a message that we too, individually and as a community, can receive as we experience God's peace through his presence with us by his Spirit. In these difficult times we see many examples of grace and mercy, in the kindness of friends, in the dedication of key workers, in the coming together of communities to support one another. All these and more are signs of God's grace and keeping our eyes and hearts open to see them will help us through.

## **A prayer for this time of anxiety**

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress.

Sustain and support the anxious and fearful, and lift up all who are brought low;

that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

## **A message from Revd. Dr. Canon Rob Kelsey, Dean, Norham Deanery.**

Tel. (01289) 382325, Email [robert.josephkelsey@live.com](mailto:robert.josephkelsey@live.com)

I have been greatly impressed by the extent to which local communities have supported each other during the coronavirus outbreak, and I am pleased that churches and church members have been able to play their part.

All church buildings in the Church of England are closed. Our worship of God and our care for each other continue, but cannot be done in the parish church. In Ford/Etal, Ancroft and Lowick, some of us have continued to worship together spiritually, in real time, while being apart physically, in our own homes. As your Acting Vicar and parish priest, I have a 'duty of care' for the whole parish, and have been praying on Sundays with and for the people of Lowick, Ford/Etal and Ancroft at 9am, 11am and 12 noon, respectively. This pattern was repeated on Easter Day and, at 10am, some of us worshiped together, via Zoom, in an interactive, on-line service. If you would like to join with others in our worshipping together, please contact me at 01289 382325 or e-mail [robert.josephkelsey@live.com](mailto:robert.josephkelsey@live.com)

Our Easter celebrations this year are subdued by coronavirus, as if Easter Day were overshadowed by Good Friday. Whereas Jesus burst from the tomb, we are still in lockdown. But the tomb of Christ was not just a place to get away from, but a place of transformation. Like a caterpillar in a chrysalis, Christ was enclosed in the tomb. But, like a caterpillar transformed into a butterfly, Christ emerged from the tomb, the same but changed. And, when we emerge from the lockdown, we too will be the same but changed, and hopefully for the better. According to the Gospel of John, 'Although the doors were locked, Jesus came and stood among the disciples.' We remain in lockdown, but Christ is risen. God's presence, and God's love for us, cannot be contained, and our love for each other may yet find a new lease of life

# CHURCH NEWS

## **Services in Ford and Etal Churches are suspended for the time being.**

Coronavirus emergency.

The churches are now closed for the duration of this coronavirus emergency. During this time we do have VIRTUAL SERVICES which you are welcome to join. For details of how to do this, contact our Rural Dean, Revd. Canon Dr. Rob Kelsey at robert.josephkelsey@live.com or telephone No. 01289 382325

**Local contacts are listed in Etal & Ford church porches and on the website [www.achurchnearyou](http://www.achurchnearyou)**

**Secretary : Heather Pentland 01890 820201  
heather@hjpentland.plus.com**

## **Crookham United Reformed Church. & Flodden Peace Centre.**

Daily devotions and new Sunday worship are available from the URC website - <https://urc.org.uk/>

Please continue to enjoy the peace garden in Crookham this Spring and Easter which is open.

It might be a good place to reflect about conflict and peace locally and globally during this current crisis when words of peace and hope need to be heard.

### **Contact details:**

Rev. Mary Taylor, 7 Catrail Road,  
Galashiels TD1 1NW 01896 756990  
m.taylor\_1@btinternet.com

## **The Parish Churches of Branxton, Carham, Cornhill**

The Archbishops of Canterbury and York have asked that all public worship be suspended. This means that there will be no services at the churches until further notice.

The churches will remain closed

**Contact is Revd. John Carr.  
Tel. 01890 820239  
or jbcarr@btinternet.com**

## **St Ninian's Church Wooler**

**ALL PUBLIC SERVICES CANCELLED.**

The church is closed until further notice.

**Rev. Fr. David Phillips**

01665 574240

## **A Very Warm Welcome to Worship at Donaldson's Lodge Methodist Church**

In the light of government advice all services have been cancelled until further notice. In Emergency please ring one of the ministry team.

Ministry Team  
Rev Kim Hurst 01289 306291  
Deacon: Jackie Wright 01665 721185

## WE THOUGHT YOU WOULD LIKE TO HEAR SOME GOOD NEWS.

A few days ago, our President, Dr. Chris Burgess asked whether **TiIVAS** still had any goggles in the equipment store. It wouldn't have occurred to me that archaeologists might need goggles, but even in the north of England there can be dry windy conditions when dust blows around the trench and into your eyes.

Alan Urwin hot-footed it to the store and found 19 pairs of goggles still in their packaging. These were swiftly handed over to the Glendale Surgery in Wooler, who posted on their Facebook page:

***"A huge thank you to Alan Urwin and the Till Valley Archaeological Society for donating 19 new sets of safety goggles for our clinical staff to wear. We are extremely grateful for these as they will provide the added protection that they need."***

Every little helps!  
Keep safe, stay well and best wishes,  
Sue Shaw, **TiIVAS**.

### Crookham COVID-19 Action Team Here to help Call us **07826 907074**

Are you concerned about COVID-19 and how it may affect your life in the weeks ahead? Crookham Village Hall's COVID-19 Action Team has been set up to support older and more vulnerable residents through the epidemic.

We'll also try to support NHS staff, carers, other emergency service workers and anyone who is in self-isolation.

#### WE ARE HERE TO HELP.

We'll find volunteers who can run errands to the shop or chemist to top up essential supplies or pick up a prescription.

Even if you just need someone to talk to, please get in touch. Here are examples of the help we can offer:

- Collect grocery orders
- Collect and deliver prescriptions
- Phone or video call if you are lonely, concerned or just want to chat
- Collect and post parcels and letters

Privacy will be respected. Call us if you need help or support



#### **CORNHILL VILLAGE SHOP DELIVERY SERVICE**

As you are all aware the Coronavirus has disrupted the lives and daily living habits of everyone. This is where we would like to help if we can.

We are offering a delivery service for groceries and ready made meals (Menu overleaf). Where possible and providing our suppliers can still deliver to us, we will try our best to get essentials to people who need to self isolate.

We have a list of people who have kindly volunteered to deliver goods where we can so we are hoping to try and cover **CORNHILL, DONALDSONS LODGE, WARK, CARHAM, BRANXTON**. If you do need goods and don't live in these areas please still give us a try and if we can we will do our best to get you what you need.

It is a time to pull together and check on your neighbours near and far. Just a wave or a thumbs up can brighten someones day especially if they are self isolating and can't go out. If you have any queries at all please give us a ring

**SHOP 01890 883313 LYNDA (Mobile) 07912 561502**

**JULIE (Mobile) 07789 765610**

Please be patient with us and we will get to you when we can...



#### **TAKEAWAY MENU**

<b>Tubs</b>		<b>Baked Potatoes</b>	
Macaroni Cheese	3.75	Cheese & Beans	3.95
Mince & Potatoes	3.95	Tuna Mayonnaise	3.95
Sausage Hotpot	3.95	Cheese Savoury	3.95
Haggis, Neeps & Tatties	3.95	Coronation Chicken	4.25
Chicken Curry & Rice	3.95		
Stovies	3.75	Soup of the Day (per cup)	1.40
<b>Selection of Pies &amp; Pasties</b>		<b>Cakes (per slice)</b>	
Mince Pie	1.45	Lemon Drizzle	1.65
Sausage Roll	1.00	Chocolate Cake	1.65
Chicken Pie	1.50	Victoria Sponge	1.65
Scotch Pie	1.45	Cherry Cake	1.20
Steak Pie	1.90	Caramel Shortcake	1.00
Chilli Pie	1.50	Rocky Road	1.00
Haggis, Neeps & Tattie	1.75	Chocolate Brownie	1.50
Stovie Pie	1.50	Flapjack	1.00
Macaroni Pie	1.50	Honeymoon Slice	1.50
Meat Pastie	1.45	Border Tart	1.65
Cheese Pastie	1.15	Eyemouth Tart	1.65
		Bakewell Tart	1.65
Ham Quiche (per slice)	2.00	<b>SCONES</b>	
Brunch Quiche (per slice)	2.20	Fruit, Plain or Cheese	0.85
Cheese & Onion Quiche (Per slice)	2.00	<b>HOMEMADE PUDDINGS</b>	
		Rice Pudding	
		Apple Pie	1.65
		Fruit Crumble	

#### **PLEASE NOTE**

Please make us aware of any dietary requirements

Any advance notice of orders (preferably by 4pm the day before delivery) would be much appreciated to ensure we meet your requirements

Payment can be made by card over the phone or cash and can be arranged when ordering

Cornhill Village Shop & Coffee Shop, Main Street,  
Cornhill on Tweed, Northumberland TD12 4UHTel : 01890 883313  
www.cornhillvillageshop.co.uk  
lynda@cornhillvillageshop.co.uk julie@cornhillvillageshop.co.uk  
Partners : Lynda Walte & Julie Jones

## Community Action Northumberland. ( CAN )

Vulnerable people encouraged to use Priority Services Register in case of interrupted energy supply The [Priority Services Register](#) (PSR) helps to look after those who need it most. It's there for people that need extra support if there's an unexpected interruption to their gas or electricity supply. If you have a disability or illness which means you might struggle without these vital services, even for a few hours, it's a good idea to get added to the PSR

If you've got an elderly or vulnerable neighbour or relative who you think might benefit from this service, why not make them aware of it too?

**You can join the PSR if you are a carer, of pensionable age, have poor mobility, have a mental health condition, have children under the age of five or have a chronic or serious illness.**

### How do I register?

Contact your energy supplier and they'll let you know if you're eligible to join the PSR. You'll find their details on a recent bill.

Alternatively you can contact:

- Your electricity distribution network, Northern Powergrid (Powergrid Care), at [www.northernpowergrid.com/care](http://www.northernpowergrid.com/care) or by calling 0800 169 2996.
- Your gas distribution network, Northern Gas Networks, at [www.northerngasnetworks.co.uk/priority-customers](http://www.northerngasnetworks.co.uk/priority-customers) or by calling 0800 0407766 and selecting Option 3.

### What help and support am I entitled to?

When you're registered on the PSR you will be entitled to a number of free benefits including:

- Alternative heating and cooking facilities if you are without gas
- Information provided in your preferred language

## **Ford Parish Council and Corona Virus outbreak.**

**If anyone in the Parish requires help or advice or to contact the council** please do not hesitate to contact either the **clerk** on 01890 820566, [clerk.fordpc@btinternet.com](mailto:clerk.fordpc@btinternet.com) or the **chairman**, Richard Baker on 01890 820761, [etaltearooms@btinternet.com](mailto:etaltearooms@btinternet.com).

**For info from the Government go to:-** <https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

**The AGM and bi-monthly meetings** of Ford Parish Council on 12<sup>th</sup> May are **cancelled** and will be re-arranged for a later date. Please see the Ford PC website for more information -

<https://northumberlandparishes.uk/ford>

### **Deadline for the June edition.**

**Monday 11<sup>th</sup> May**

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We prefer material sent monthly as e-mail attachments in text (.txt);

Word (.doc or .docx); photographs (.jpg); Acrobat (.pdf).

For back editions see [www.etalvillagehall.org.uk/the-fourum](http://www.etalvillagehall.org.uk/the-fourum)

Commercial advertising rates are £5 per advert or £45 for 10 editions. Cheques to be made out to **FORUM Newsletter** & sent to **32 Crookham Village, Cornhill on Tweed. TD12 4SY.**

# **BRANXTON PARISH COUNCIL.**

**Parish Council website: [www.branxtonvillage.weebly.com](http://www.branxtonvillage.weebly.com)**

## **PARISH COUNCIL MEETINGS CANCELLED**

Due to the current evolving Covid 19 virus situation and following Government guidelines Branxton Parish Council have with a heavy heart decided to cancel Parish Council meetings until further notice.

However, any resident can continue to raise any issue with Branxton Parish Council at any time in the following ways:

Parish Clerk - Email- [branxtonpc5@gmail.com](mailto:branxtonpc5@gmail.com)

Parish Council Chairman – Iain MacGregor – Telephone 01890 820613

If your issue is regarding potholes to get a quick response report the pothole on the Northumberland County Council website “ report”

The link is: <https://www.northumberland.gov.uk/SelfService/Report.aspx>

### **Covid 19 virus**

**Residents:** If for any reason you must be quarantined and/or need any help during the next few months please contact:

Parish Council Chairman – Iain MacGregor – Telephone 01890 820613

Iain has agreed to be the co-ordinator for the Parish Council.

Please keep safe but look out for your neighbours who may need help.

Isabel Hunter

Clerk to Branxton Parish Council.

**FORD SNOOKER 100 CLUB      WINNING NUMBERS FOR APRIL.**

**86 GRAHAM HOPPER £35    32 STAN MATTHEWS £15    60 JENNY HOPPER £10**